

POSTER PRESENTATION

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# Cost and efficiency benefits of a single modality imaging strategy for pre-procedural workup of AF catheter ablation

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## Background

Multimodality imaging is considered a cornerstone in the workup of catheter ablation for atrial fibrillation (AF). Advances in imaging modalities suggest a single modality approach could prove as effective as the current multimodality strategy. This could simplify the imaging workflow and potentially reduce financial and time burden upon the healthcare system.

## Methods

A literature review was performed to identify frequently used parameters for patient assessment prior to catheter ablation of AF. Subsequently, the role of four key non-invasive imaging modalities in performing this assessment was examined.

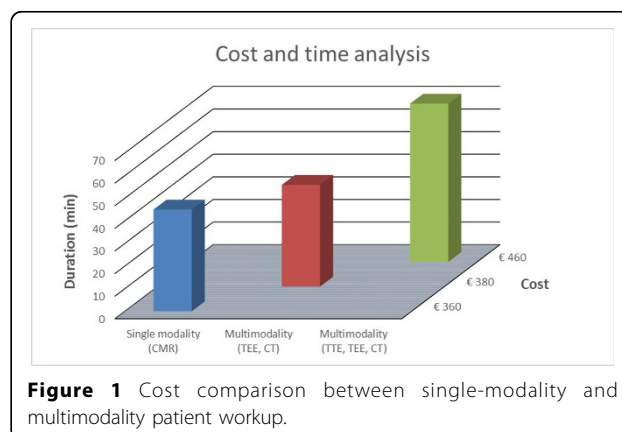
A cost and time analysis was performed for two conventional multimodality imaging approaches and a cardiac magnetic resonance (CMR) only strategy. The cost of examination was according to the Netherlands standard care between July-2013 and December-2013.

## Results

Five parameters (three key and two optional) were identified in the workup of catheter ablation (Table 1). Out of the 4 key imaging modalities, CMR provided the highest diagnostic yield and enabled a complete coverage of both key and optional parameters (Table 1). The total cost of imaging ranged from €360 to €460 per patient (Figure 1). The multimodality approaches were up to 22% more expensive and 35% more time consuming compared to the CMR only strategy (Figure 1).

**Table 1 Comparison between imaging modalities for providing key and optional parameters required during catheter ablation workup.**

	TTE	TEE	CT	CMR
LA dimensions (key)	+	++	++	++
LA fibrosis (optional)				+
LA geometry (optional)			+	+
LAA thrombus (key)		+	+	+
PV anatomy (key)		+	+	+



**Figure 1** Cost comparison between single-modality and multimodality patient workup.

## Conclusions

A CMR based imaging approach for pre-procedural workup of AF ablation is:

1. Comprehensive, providing all parameters required to perform a thorough assessment.
2. Cost-efficient, saving up to €100 per patient in comparison to conventional strategies.

3. Time efficient, acquiring all information in a single examination compared to the current (often fragmented) approach.

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